

## Perplexed by Pursuers? C and R Transcript for 3 clips (total time 13 minutes)

Carmela ([00:02](#)):

But not since I'm with you, he can't get a.

Debi ([00:05](#)):

Hang on.

Carmela ([00:05](#)):

hard on for me.

Debi ([00:06](#)):

I was just . I was just.

Carmela ([00:06](#)):

he can get a hard on for them.

Debi ([00:06](#)):

Thinking about that.

Carmela ([00:06](#)):

How am I suppose to feel about that Debi?

Debi ([00:06](#)):

I get it, I get it.

Rich ([00:06](#)):

I swore (inadudible) continue to do this. I did not have an erection.

New Speaker ([00:14](#)):

Okay. He even tried to lie. It is a lie. You know what? He must've been so into it. Cause when I walked in the door, he didn't even hear the door open. Cause it didn't even shut it by the way. And then he must have snapped back to reality and realized I was there. And I said to him really Rich, and his answer was "what, what" are you F\*\*\*ing stupid? You're still trying to lie

Debi ([00:43](#)):

So so.

Carmela ([00:43](#)):

I caught you red-handed.

Debi ([00:43](#)):

Anger You said.

Carmela ([00:47](#)):

Hurt and.

Carmela ([00:47](#)):

Hurt beyond belief.

Debi ([00:47](#)):

Hurt beyond unbelief.

Carmela ([00:48](#)):

Hurt beyond anger. beyond Any emotion?

Debi ([00:53](#)):

Yes yes when you said.

Carmela ([00:53](#)):

Hurt like the person I never thought would . . .

Debi ([00:54](#)):

Right.

Carmela ([00:54](#)):

Debi, if I was raped in a prior relationship and I was molested, would you come in here and try to rape me? So if I told you that there was trauma related to pornos, why would you try to kick me in the teeth? Why would you try to hurt me.

Debi ([01:10](#)):

so there is trauma

Rich ([01:10](#)):

wait a second you never told me anything about freaking pornos

Debi ([01:10](#)):

I know I know (reaching out to Rich)

Carmela ([01:10](#)):

Oh my god.

Debi ([01:10](#)):

Hang on hang on.

Carmela ([01:10](#)):

I told you I caught Timmy in the F\*\*\*ing shower. And he beat the living shit out of me.

Debi ([01:19](#)):

Can you tell me about this? I don't even know what you're talking about.

Carmela ([01:22](#)):

Yeah my ex-boyfriend I accused him of talking to someone else.

Debi ([01:22](#)):

Help me understand.

Carmela ([01:22](#)):

I thought he cheated on me.

Debi ([01:27](#)):

Ok.

Carmela ([01:27](#)):

So now we're going to Wendy's Ok I gotta take a shower before we leave. Okay. I think nothing of it. Right? I go in the bathroom, I pull the shower curtain back to say something to him. It wasn't anything nefarious.

Debi ([01:38](#)):

Yes.

Carmela ([01:38](#)):

because I wasn't expecting that. Do you understand.

Debi ([01:41](#)):

Yes.

Carmela ([01:41](#)):

And there he is jerking off. He pulls the shower curtain down, gets out and proceeds to beat the living F\*\*\*ing shit out of me. Cause he's wrong. So you beat me up.

Debi ([01:51](#)):

Right

Carmela ([01:53](#)):

and thats how he reacted.

Debi ([01:53](#)):

Hang on.

Carmela ([01:53](#)):

Attack

Debi ([01:53](#)):

So, so this is why you're so charged. You're saying I have trauma around this. This is the first time I'm

Carmela ([01:58](#)):

It doesn't matter to him. It doesn't matter.

Rich ([02:02](#)):

This is the first time I am hearing about it.

Debi ([02:02](#)):

Hang on

Carmela ([02:02](#)):

He knows this story. I told him this long time ago, a very long time ago.

Debi ([02:07](#)):

Okay. So you're telling me for the first time and it's really important because it helps me understand . . . . you're shaky. And I know whenever time you get like this and I see you like this, I know you are actually,

Carmela ([02:20](#)):

You have no idea.

Debi ([02:20](#)):

Being Traumatized

Carmela ([02:20](#)):

You have no idea what these two days have been like.

Debi ([02:23](#)):

I'm sure.

Carmela ([02:23](#)):

You have no idea.

Debi ([02:23](#)):

I am sure it is sitting in this shakey

Carmela ([02:23](#)):

I wish god would have taken me seriously.

Debi ([02:30](#)):

Ummm.

Carmela ([02:30](#)):

I'm sick.

Debi ([02:32](#)):

Yes yes.

Carmela ([02:32](#)):

Sicken to my stomach.

Debi ([02:34](#)):

I, I can see it. I can feel it coming off your body.

Carmela ([02:37](#)):

You know what? If he doesn't want to be with me or he's not attracted.

Debi ([02:40](#)):

Hang on.

Carmela ([02:40](#)):

to me like that,

Debi ([02:41](#)):

I know.

Carmela ([02:41](#)):

I dont fault him.

Debi ([02:41](#)):

I know.

Carmela ([02:41](#)):

say it.

Debi ([02:41](#)):

I know.

New Speaker ([02:41](#)):

say it let somebody else have me.

Debi ([02:45](#)):

But hang on. You're saying I am traumatized by this. I've been traumatized in my past. And this was a big retraumatization for me. That's what I hear you're saying right now. And that usually my reaction is so big right now because I'm so traumatized . . . Is it okay. For me to have my hand. Okay. Nodding and crying Do you want, do you need me to move?

Carmela ([03:03](#)):

No, no, no. You're alright. No,

Debi ([03:05](#)):

I am just checking..

Carmela ([03:05](#)):

you're alright.

Debi ([03:11](#)):

Bc sometimes I feel - I don't want you to feel totally.

Carmela ([03:11](#)):

No no your are alright

Carmela ([03:12](#)):

His f\*\*\*ing idea. You know where he's going right after here. He's idea is as fractured as this relationship is, is to run. He's driving to south carolino to see his kids.

Rich ([03:23](#)):

You know what I am so freaking burned out. I'd never been on vacation Never,

Carmela ([03:27](#)):

But yet when he called me.

Rich ([03:33](#)):

I haven't seen my kids in years.

Debi ([03:33](#)):

I know but.

Carmela ([03:34](#)):

Exactly, abosultely.

Debi ([03:34](#)):

it is two totally different things.

Carmela ([03:34](#)):

But you know what . . . Here's what he says to me when he calls me yesterday. Right? Cause he finally texted me yesterday on Friday. I'll call you in a little while, whatever. Okay. He calls me and he says to me, I said, are you going to see Debi tomorrow with me? Or am I going along? Um, probably not. I go, okay, Richie that's all I wanted to know. Then he goes, you know what, if you want me to go, I'll go. I said, that's up to you. He said, listen. I took the week off from work. After we see Debi, we need to get off. I go, what does that mean? And he goes, we need to get out of here. He said, we need to do something for us. He said, we need to get out of here. I pick him up this morning from the hotel. The first thing he says, when he gets in the car, I'm not going to therapy. And I'm F\*\*\*ing going to South Carolina. His word is like garbage. You might as well roll it up and put it in trash container. You know why?

Debi ([04:21](#)):

Because As you heard, the first thing you heard was you matter and we're getting it.

Carmela ([04:25](#)):

Yeah. i know I threw that to you now. Thank you.

Debi ([04:29](#)):

That's when you first heard, when he first said, we need to get out of here because of this, because of everything that blew up,

Carmela ([04:35](#)):

I You know what something matters to him. It matters.

Debi ([04:38](#)):

You matter,

Carmela ([04:38](#)):

I matter

Debi ([04:39](#)):

Our relationship matters.

Carmela ([04:41](#)):

It matters.

Debi ([04:41](#)):

Yes.

Carmela ([04:41](#)):

He wants to fix what's broken and now he wants to run. So you know what, it's ok

Debi ([04:45](#)):

So you have no idea know how that happened.

Carmela (04:45):

I understand his point? I I'm not, um, I don't hate him for that, but you know what? Now it's time to go our separate ways now and it's time to go our separate ways. Because if we're fractured and I'm feeling like this inside.

Debi (05:03):

Yes.

Carmela (05:03):

and you're leaving, then that's it.

Debi (05:06):

Right.

Carmela (05:06):

That's it.

Rich (05:07):

I need to fix this

Carmela (05:09):

It's ok.

Rich (05:09):

I need to fix this before I can fix this, you understand me?

Debi (05:11):

No, what does that mean?

Carmela (05:13):

I feel like the whole 10 years of being a lie and being in therapy was just a waste of money is all it was. I just think that the reaction I get from him, so my perception is he could give a shit less.

Debi (05:25):

So can I check in with him?

Carmela (05:27):

Absolutely. Sure. Sorry. I kept going.

Debi (05:30):

No, that's okay. It's important. You said a lot of really important things in that. (Sigh) Wow. There's a lot going on for you too.



Rich ([05:40](#)):

You have no idea. [inaudible].

Carmela ([05:44](#)):

Before he says something

Rich ([05:44](#)):

I thought about it for awhile. And I said, this is the only opportunity I'm going to have for quite a while for me to see my kids. And I think this is the best time I want to drive down it because I want that time

Carmela ([05:53](#)):

But, he don't give a F\*\*\* that I should see the kids they've been in my life for 11 years too.

Debi ([05:58](#)):

So.

Carmela ([05:58](#)):

He don't give a shit that I need to see this kids.

Rich ([06:01](#)):

No I need to see the kids.

Debi ([06:01](#)):

So can I time out and ask about this. You had said that we should go away.

Rich ([06:07](#)):

I don't remember saying that, but you know it was a thought . . . And then I thought about it more.

Carmela ([06:16](#)):

So I'm at the bottom of the F\*\*\*\*\*g food chain.

Debi ([06:19](#)):

I know I get it. I totally understand how you experienced it. That way. And you (Rich are totally overwhelmed and Over burdened.

Rich ([06:22](#)):

To me it's about How she feels. No one gives a shit about how I

Debi ([06:31](#)):

And I just said You're overwhelmed and overloaded.

Rich ([06:33](#)):

You know what

Debi ([06:35](#)):

It does matter.

Rich ([06:35](#)):

I've never been anywhere or anything like that. I need time for me. And it's as simple as that.

Debi ([06:38](#)):

Yes

Rich ([06:44](#)):

I need time for me,

Debi ([06:44](#)):

Yes.

Rich ([06:44](#)):

I need to see.

Debi ([06:44](#)):

t's not about you not not needing time Rich.

Carmela ([06:46](#)):

It's all about time.

Debi ([06:49](#)):

It's I think anybody would support that.

Carmela ([06:53](#)):

But do you think there was a right time and a wrong time?

Rich ([06:57](#)):

No there isn't.

Debi ([06:57](#)):

I think this is a hard time for the two of you to.

Carmela ([07:01](#)):

So he should go off and have a good time.

Debi ([07:02](#)):

No that is not what I am saying

Carmela ([07:08](#)):

And I should stay home.

Debi ([07:08](#)):

No that will make it worse. It Exasperates what's going on for you guys.

Carmela ([07:10](#)):

Yup.

Rich ([07:10](#)):

Let me wait for my next move. My next move is to come home and hopefully

Debi ([07:12](#)):

She doesn't know if you are coming home

Rich ([07:13](#)):

I will I'm coming home and there's going to be, hopefully I will feel better

Debi ([07:20](#)):

So tell me about you coming home.

Rich ([07:20](#)):

I will be more invested.

Carmela ([07:20](#)):

Nope.

Debi ([07:20](#)):

So

Rich ([07:20](#)):

I have a lot of things and I have to get off my chest for my kids. I have a lot of shit (crying).

Debi ([07:24](#)):

Yeah.

Rich ([07:24](#)):

She can't understand that you know what she never liked my kids (inaudible).

Debi ([07:32](#)):

Hang on hang on.

Rich ([07:32](#)):

Because they are nothing but a freaking barrier to her that's all they are, and she sits there on baited breath waiting for him to screw up so she can sit there and go. Haha I told you.

Debi ([07:40](#)):

So you said I have alot . . . .

Carmela ([07:44](#)):

You know what.

Rich ([07:44](#)):

I have to spend time with my kinds.

Carmela ([07:44](#)):

You know what. I wish we would've taken a separate cars because I would leave right now. You're a scumbag, a total F\*\*\*\*ing scumbag.

Debi ([07:49](#)):

Hang on Hang on.

Carmela ([07:49](#)):

That's what you are.

Rich ([07:50](#)):

Really?

Carmela ([07:50](#)):

Yeah. Cause you know what.

Debi ([07:57](#)):

Hang on.

Carmela ([07:57](#)):

Saturday morning. He was at the bar. I dropped him off. When he got off work, he did his thing. Okay, cool. No problem. I called him, are you ready to come? And blah, blah, blah. I'm going to pick 'em up. He says, I'm on the phone with Chris. Okay. Flip over and talk to Chris then. His son just came home from the marines Right? So exciting time. You know, you haven't talked to him in months. So he gets in the car and he goes, wait, I want you to do something. And he puts Christopher on the phone, the speaker phone. So I could talk to him. I felt so included. Debi you have no idea how I felt like I F\*\*\*\*ing mattered for that moment, which is what those kids. And when I talked to him all the way home and when we got home, I got out of the car and I kissed him and I thanked him and I cried. And I said, thank you. And he said, why do you care? You never cared about my kids. And I go, I love Christopher. I love both of your kids just because I don't say it every day. Doesn't mean it's not there. But they've been a part of my life.

Debi ([08:53](#)):

Well

Rich ([08:54](#)):

You say other things. Yes you have.

Debi ([08:56](#)):

So Carmela, what I hear you saying, and I've heard this several times, is that when you get any kind of signal, a clear signal from Rich that you matter, and he's including you, you have, this is not the first time I'm hearing this story. You say it means so much. It touches my heart when he's done this. And I, and I get really emotional and I tell him, and then when there's the break of that and it, and it feels like you just get cut off at the knees. It's like, it fuels it. It's like, how, how could you give me like these pieces that are very special in the moments when they happen. And then, and then it feels like you're, the rug gets ripped out from underneath you. And that's part of what happens in your dynamic between you guys. And we haven't even quite figured out what's going on there, (Carmela is crying) but can I, are you what's going on? Is this about

Carmela ([09:47](#)):

Its hard, Debi you have no idea.

Debi ([09:47](#)):

I know.

Carmela ([09:47](#)):

I've ever been this hurt in my life. I swear to God to you. I've never felt like this.

Debi ([09:55](#)):

It's because you love him. And you want him to love you, that's why you say I cry I cry

Carmela ([10:01](#)):

I wouldn't even say I love them at this point.

Debi ([10:03](#)):

I know Cause you're so angry.

Carmela ([10:04](#)):

Honestly, I wouldn't

Debi ([10:05](#)):

I know that's okay. You can just say that this is the hurttest you've ever been.

Carmela ([10:10](#)):

Let him live with the regrets. He'll have them down the road. If I was that bad, then maybe he won't

Debi ([10:16](#)):

It's hurts so bad.

Carmela ([10:19](#)):

But Trust me.

Debi ([10:19](#)):

It hurts so bad for you.

Carmela ([10:20](#)):

I didn't do nothing to deserve this.

Debi ([10:23](#)):

I never thought that you did. This isn't about that, but I can see how terribly hurt and devastated you are.

## CLIP 2

Carmela ([00:00](#)):

The thing that matters to me, I swear my gut said it and my head says you're out of your F\*\*ing mind.

Carmela ([00:08](#)):

So when I hit that door and unlocked it and opened it, imagine how out of my f\*\*ing mind I felt.

Debi ([00:14](#)):

I get it. It was like, I'm kicked in the stomach or whatever you just said.

Carmela ([00:19](#)):

And his f\*\*ing reaction is it's like getting kicked in the stomach twice. If I did that to someone, I would be f\*\*ing groveling for forgiveness And that proves who he is someone that's a sociopath and has no conscience. I don't want to do it.

Debi ([00:39](#)):

So. Okay. So maybe that is where we're at. Maybe you're saying that it doesn't matter what he says or what he does.

Carmela ([00:47](#)):

his reaction was.

Debi ([00:48](#)):

What about right now I am talking about right now, are you saying right now that I, that it doesn't matter what you do or what you work on with yourself or not how, or how much you grovel or how emotionally?

Carmela ([01:02](#)):

No, that's not what I'm saying.

Debi ([01:03](#)):

Okay.

Carmela ([01:03](#)):

that is not what I am saying.

Debi ([01:03](#)):

Okay You're not saying that.

Carmela ([01:05](#)):

That is not what I am saying.

Debi ([01:05](#)):

I just want to check that.

Carmela ([01:06](#)):

No that is not what I am saying.

Debi ([01:06](#)):

Okay. Just want to check

## CLIP 3

Debi ([00:00](#)):

So, where are you guys are today It tells me you must be hurting upset. Broken inside. There's gotta be something because otherwise it wouldn't make sense to me. Like if she's the person who is your life partner and your, and you have said, I want to figure this out in our relationship. I want to have that connection with you. I don't want to feel alone my whole life. I already feel so alone in my life. I want that with you. And now you guys are feeling so broken right now that has to have an impact on you right now. Emotionally.

Rich ([00:41](#)):

Absolutely.

Debi ([00:41](#)):

Can you tell me about that impact on you right now?

Rich ([00:45](#)):

I'm just overloaded.

Debi ([00:46](#)):

Yeah You feel that right now? You feel overloaded right now.

Rich ([00:47](#)):

you have no idea.

Debi ([01:02](#)):

Ok. ok

Debi ([01:02](#)):

You feel overloaded.

Debi ([01:02](#)):

It feels like there is no way out.

Rich ([01:02](#)):

I'm not perfect.

Debi ([01:02](#)):

Yeah I know.

Rich ([01:02](#)):

I'm sorry. I don't remember that thing with Timmy. I didn't think it was that big of a deal.